

Chapter 1 First Principles

Endocrine control of metabolism
Sugar metabolism

Chapter 2 Clinical Essentials

History taking
Examination
Investigations
Management

Chapter 3 Obesity and metabolic syndrome

Clinical scenario
Obesity
Metabolic syndrome

Chapter 4 Management of type 2 diabetes mellitus

Clinical scenario
Management of type 2 diabetes mellitus

Chapter 5 Diabetic vasculopathy

Clinical scenario
Macrovascular disease
Microvascular disease

Chapter 6 Diabetic neuropathy

Clinical scenario
Peripheral neuropathy
Autonomic neuropathy
Others conditions

Chapter 7 Erectile dysfunction

Clinical scenario
Erectile dysfunction

Chapter 8 Diabetic retinopathy

Clinical scenario
Diabetic retinopathy

Chapter 9 Diabetic foot disease

Clinical scenario
Diabetic foot

Chapter 10 Diabetic nephropathy

Clinical scenario
Diabetic nephropathy

Chapter 11 Prevention

Early diagnosis
Screening
Diet and lifestyle
Public health initiatives
Psychology of behavioural change